

#PSST

Project Shine Summer Trip 陽光計劃 2016



Date: July 6-25, 2016
 Team: 24 Members (from Vancouver, Toronto, Calgary, Rimbey and Hong Kong)
 School: LongZhou High School, Guangxi, China (廣西龍州縣)
 Students: 165 Grade Eleven Students
 Activities: 2 weeks of English teaching, Cultural Day Christmas songs, English Corners, Rural Home Village visit, Talent Show Vistation to the Border of Vietnam.



Internal Growth & Unconditional Love

品格成長和無條件的愛

The 2016 Project Shine Summer Trip was so much more than just an “English Teaching” trip; it was a time of “growth and character building” for our team members.

During the trip, our members had endured extreme heat weather and poor living condition such as rooms with cockroaches.

What makes me most proud of the team members is their emotional growth and maturity during the trip. There were many lessons that they learned about themselves and the real meaning of “unconditional love”.

Due to cultural differences and language barriers, some teachers had a hard time communicating to the students. Despite of these challenges, team members persevered and selflessly gave their best to their students. At night time, our teachers will strategize and think of different ways to improve their teaching skills. The students felt the

“unconditional love” poured out from our team of young teachers with their continued effort.

At the end, we can see how much the students will miss their Canadian English teachers from the tears in their eyes as we say goodbye.

During our final team debrief meeting, I encouraged the team members to continue to “shine” even after the trip and to serve people in need locally. As the team manager, I constantly stressed that the “Project Shine” is not a one-time thing; we should pass on this spirit of “love and shine” to others no matter where we are in this journey of life.



Esther Leung
梁爾欣
Project Shine Manager
陽光計劃主任

“ Team members described their ‘Project Shine’ experience in 2 words:

“Life’s Purpose” “Unbounded Love” “Conviction & Inspired”
 “Challenged & Blessed” “Perseverance & Limits” “Pleasantly Surprised”
 “Healing & Adaptability” “Growth & Joy” “Positivity & Agape” ”

What have the team members learned?

Joshua Poon

“Project Shine” is about community, loving others and getting to know other young people. I am so thankful and humbled by learning to teach young adults in China who are older than me. I am really glad that I came on this trip and got a chance to learn more about my Chinese heritage.



Terence Huang

I will always remember the joy and happiness I shared with my students. Especially when they truly surprised me with genuine smiles while singing very meaningful songs during the talent show. I have learned that friendship can be established no matter what backgrounds you are from or what language barriers you have – friendship has no boundaries.



Samantha Yuen

What I learned from “Project Shine” is: People could see “Love” through our presence in the city even when we were outside of the school.



Michelle Lau

Over the course of the trip, “Project Shine” has taught me how to be a real team member and to work cohesively with other members. Even though we may have different opinions, we could rely on and support each other in pursuit of a common goal. My students have shown me how to collaborate with others and to utilize each other’s strengths to help those in need without hesitation.



Raphael Chan

I learned about ‘Project Shine’ at the 2014 Charity Gala. I was inspired by the sharing of the members. However, I struggled about joining ‘Project Shine’, mostly because I was unsure of how to cope with the harsh living condition and having to teach students. My fears and all uncertainties did not magically disappear during the trip... However, I made friends with my students and I learnt that love can bind people together regardless of where you are from and a friendly act can put smiles on people’s face. When love happens, it chases away the fears.



Michelle Lo – Hong Kong Staff

I stayed for a week at Project Shine. I cannot say that I have done much, but I felt that I left some footprints in their lives because the students’ English levels improved drastically and were a lot more confident and courageous to express their thoughts in English. Also, I shared some precious time and experiences with them. I believe that as they grow up these memories will bring back nostalgic moments and impacts. Even if I did not leave any footprints in their lives, they have certainly left sweet memories in mine.



My Project Shine Experience

Anita Zhang

One thing that I learned from Project Shine is to show love. At home I feel like I cannot show love easily. So I was really worried before I came, but I feel like Project Shine has showed me how to express my love.

Kyle Sum

My students still showed me love and support no matter how well I did or not. I've made so many memories and experience so much in the short 10 days.

Anita Ha

I learned from Project Shine is helping others and loving others can make a huge difference.

Jonathan Truong

I learned that I've a lot of growing up to do and a whole world to explore. Project Shine has given me a glimpse into the world of mission trips and an even smaller glimpse into what the real world is like.

Rebecca Lee

Rebecca Lee is a teacher with the Toronto District School Board. This is her 5th year volunteering with Project Shine Summer Trip as English teacher and team leader. She has been raising support and awareness for students from rural regions of Guangxi since 9 years ago with CRRS.

"Ni Hao!" as an experienced Alumni member and one of the team leaders. As an experienced member and one of the team leaders, I was happy to teach and to mentor a fantastic team. In addition,

I felt blessed to see many smiling faces of the students and teachers, to smell the lovely scents of the school cafeteria and to enjoy the view from the mountains.

When I asked a student about her experience with 'Project Shine', she said, "it is wonderful and I feel more happy everyday!" I appreciated my students even more when they worked really hard to overcome their anxiety of speaking English in public and to give presentations.

I learned to listen attentively with an open mind about their problems - many students have very poor relationships with their parents and that they do not communicate on a regular basis.

Even though the two weeks go by very quickly and it is tough to say 'Good Bye' to my students, the knowledge that I have made a difference in their lives and they did the same in mine encourages me to join 'Project Shine' and return to China every year. By keeping in touch with all my students, I can witness them grow stronger both emotionally and physically over the years. I give thanks to my students for showing me how much they care about the world and how they endeavour to become excellent university students.

Two words sum up my 'Project Shine' experience: 'Wonderful Community'. 'Project Shine' is a connected community of learners and we are 'family'. To get this humbling and exciting experience, one must make a commitment to participate in 'Project Shine'.

Please join us for 'Project Shine' in 2017!



Rebecca Lee - Back row second on the right



夢想成真

吳迪軒 Deakin

項目助理

2016 年是我第三年參與 Project Shine Summer Trip (PSST) 的工作。

今年在面對不同挑戰時，發生了一件事，而這小插曲更讓我有力量，更堅固了我對 Project Shine 的使命 "Love & Shine"，甚至讓我看見上帝是怎樣成就一件美好的事！這件事其實要從我第一年參與 PSST 開始說起...

2014 年的 PSST，有一晚在開會過後，一位團員拿着結他彈着一些和弦，我和另外一位團員就哼着一些旋律，我們就這樣創作了一首歌曲。當時我相信這是一首屬於 Project Shine 的歌曲，所以我很希望把歌詞寫好，可是回家後一直沒有時間和沒有靈感寫下去。到 2015 年的 PSST，我所經歷的讓我下定決心寫好這首歌的歌詞。完成以後，又希望把這首歌編曲，錄製出來，結果在 2016 年初終於完成。不過，當時忽發奇想，如果由一位參與過 Project Shine 的中國學生唱出這首歌，會是多麼有意思的一件

事！我就想起 2014 年在廣西融水的一位女孩子，她有着一把漂亮的嗓子，但可惜我們相隔兩地，要她錄製簡直是在發夢。有一天，她突然在 QQ 發了一首歌給我聽，說是在學校和朋友錄的，我聽過後發現水準一流，結果我就直接問她可以錄唱我的歌曲嗎？她一口答應！就在我今年去 PSST 的第二天，一個疲累，剛病好一點點的晚上，我終於收到她傳給我的製成品！

當我聽到她唱出第一句歌詞時，我不禁流下淚來，因為那份感動來自這位學生與 Project Shine 的聯繫，來自兩地交流的成果，來自以為不可能成為可能的喜悅。更可喜的是，我們可以在今年 PSST 結業禮時與學生們分享這首歌。

只要我們不輕易放棄，路是走出來的！夢想是可以成真的！

Love & Shine

作曲：Deakin Ng,
Rebecca Lee, Michelle Ko
填詞：Deakin Ng

(Chorus)

This is how we love
像天上星星
永遠 照亮每個生命
This is how we shine
我們一起走 手牽手
把愛分享出去
* Love and shine
我們快樂的泉源
願意付出就有力量
Love and shine
我們的笑容 永遠燦爛
迎接每個風浪

(Bridge)

有一天我們都會成長
你與我 總會遇上不同挫折
不要因此不再笑
不要因此把愛收藏起
記住我們唱過



Want to join Project Shine Summer Trip 2017

Website: www.crrsprojectshine.com

Contact: deakin@crrs.org Phone: 1-604-435-5486

小小心意不成敬意

盧子樂·項目主任

聽到有關「陽光計劃」英語夏令營的消息好幾年了，也知道到廣西學校教導山區青少年英語和他們分享愛是一件多麼有意義的事情，但一直沒有這個機會。今年七月份的夏天，我終於親身經歷又是另一番滋味。今年我與加更的同事和志願者一同飛到龍州縣高級中學教導英語。第一天到步時，我才開始認識一班來自溫哥華和多倫多的年輕的志願者，大部分是高中生到大學生，還有幾位志願者像我已經開始工作好幾年了。第二天，我們一起受課程培訓，為到學校當老師作準備。經過一天的預備，大家的心情都很興奮，我也期待着與學生會面。第三天，我終於第一次與學生見面了，他們一副好學和尊敬的眼神，把我的心抓住了，我在認識他們的同時，一邊在思考，我這次能夠為他們帶來什麼樣的改變呢？在一兩個星期，我和團隊可以教導多少英文，他們的英語水平又可以提升多少呢？在我與他們接觸時候，的確讓我想起很多很現實的問題。

我們的課程是全英語，因此，有些詞語和指令我們需要花很多時間去表達，在我離開后，他們有跟我反映能夠感覺到我當時對他們的

耐性。這一個星期的交流，我們把課本上預備的課程成功完成，也同時與他們建立了美好的友誼，我們一起吃飯，打球，聊天，彼此就這樣珍惜對方。

在機緣巧合的交談中，我發現一個同學的生日原來是在我要離開夏令營的當天，因此，我和同班的老師們就想在道別我的派對時，也同時為她慶祝生日。我在附近的小店買了一塊蛋糕和蠟燭。當天，隔壁的好幾班同學也來到派對，我們就把先前偷偷預備的蛋糕拿出來和一起唱生日歌給她聽，她感動到哭了。她說那麼多年沒有人為她慶祝過生日，更加沒有那麼多同學跟她唱生日歌，對她而言是一個格外驚奇。看到她的感動，我彷彿有點像天使的感覺，原來我們一份理所當然的關愛，小小心意，一個不起眼的蛋糕和一首祝福的歌，對於與我們成長不一樣的，要離開家裏讀書的小女孩，彷彿是珍珠般珍貴。

另外，有一天，我與兩位在我班裏面的學生一起吃午飯的時候，我發現一個同學在這學期完畢后，盡快回家（因為他們都是住宿舍到夏



令營結束為止)，另一個卻希望繼續留在學校。我繼續跟那位想留在學校的同學了解情況，才知道原來她與她爸爸關係比較惡劣，在家裏也沒有得到父親的愛護。雖然，這並不是我可以處理的事情，但是我希望成為一個她的聆聽者，隨後，我們一同打籃球，我彷彿感覺到她知道有一位從遠方來的姐姐，願意聽她的故事也願意一起同行，而我感受到她的喜樂。

在我逗留的幾天，我不敢說為他們做了些什麼，但是我感覺到我在他們生命留下一點點痕跡，因為學生的英語水平確實進步了不少，他們也敢大膽用英語說出他們的想法，自信心強了。

我與他們一起分享了一些生命和生活點點滴滴，相信到他們長大的時候，這些片段能夠帶來美好的回憶和影響。就算我沒有留下痕跡，她們肯定在我的生命留下美好的痕跡。